

# ANDERSON SURGERY CENTER, LLC.

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## Pre-Op Instructions

- **DO NOT EAT OR DRINK** anything after midnight the night before your procedure. If your appointment is 2:00 pm or later, you can eat a light breakfast. You should take your regular medications with a glass of water, juice, black coffee or tea. No dairy. (Please see the instructions below if you are a diabetic.)
- Bring your insulin (if applicable) and **DO NOT** take your diabetic medication on the day of this procedure if you are not eating. You **MUST** take a blood glucose reading prior to your appointment for our documentation.
- If you take a **BLOOD THINNER** (other than aspirin) please get authorization from your prescribing physician to **DISCONTINUE** taking it for 5-7 days PRIOR to your procedure. Please obtain an order for a PT/PTT/INR from our office.
- Bring your inhaler(s) with you.
- **Do not** bring jewelry, money or valuables with you. All jewelry must be removed prior to your procedure. The practice does not assume responsibility for these items. Do not wear makeup, nail polish or jewelry.
- Wear comfortable clothing. Pants should not have a zipper. Sweat pants are best. Clothing, including bras, must expose the entire neck/upper back for neck/cervical procedures.
- Contact lenses cannot be worn in the procedure room. Please be sure to bring your case to keep them protected.
- Arrive at the office at your pre-scheduled time. If you are less than 18 years of age and unmarried, you must have a parent or legal guardian to sign consent for your procedure.
- Please limit the number of persons accompanying you to one or two.
- If you have "Power of Attorney" for the patient, please bring a copy.
- You will be responsible and billed for any applicable insurance copayments.
- **YOU WILL BE REQUIRED TO HAVE AN ADULT DRIVE YOU HOME AT THE TIME OF DISCHARGE** (No taxi/bus). You will not be sedated for the procedure. You will not receive written prescriptions at this appointment. Medications are prescribed at regular office visits.
- Please be prepared to pay any **COPAYMENTS** due for this injection on the date of service.